

# *"Be Active Buffalo"*



## **SIX FABULOUS SPRING WALKS**

The **FREE** guided walks will begin promptly at 10:00 a.m. and last about 45 minutes

- **Walk 1- Friday May 23, 2003**  
Delaware Park- Parkside Lodge; Ring Road
- **Walk 2- Friday May, 30, 2003**  
South Park- Botanical Gardens
- **Walk 3- Friday, June 6, 2003**  
LaSalle Park- Band Shell
- **Walk 4- Friday, June 13, 2003**  
Cazenovia Park- Casino
- **Walk 5- Friday, June 20, 2003**  
Martin Luther King Park- MLK Statue
- **Walk 6- Friday, June 27, 2003**  
Rumsey Woods- Delaware Park Rose Garden

### **Special Guided Tour- Saturday, June 28, 2003**

Forest Lawn Cemetery- Delaware & Delavan Entrance  
Please sign-up early! Walking tour is limited to a maximum of 30 individuals.



Sponsored By:



[www.beactivenys.org](http://www.beactivenys.org)

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To register for the **FREE** walks, or for more information contact:  
**Amy Rydzynski @ phone: (716)-851-4052 or email: [arydzynski@city-buffalo.org](mailto:arydzynski@city-buffalo.org)**